

Oasis Mediterranean Grill

Current Halal Menu – 4/30/2025

5-7 frozen meal packs can include meals from the following list:

- Chicken drumsticks with rice and mixed vegetables
- Gyro with seasoned rice and vegetables
- Gyro sandwich served with sweet potato fries
- Grilled chicken kabob with rice and vegetables
- Philly steak macaroni with sauteed vegetables
- Baked tilapia with rice and vegetables
- Kidney beans with coconut rice and vegetables
- Spinach sauteed with rice and vegetables
- Chicken coconut curry with rice and vegetables
- Hearty beef stew with rice and vegetables
- Chicken stew with rice and vegetables
- Pasta in red sauce with grilled chicken and vegetables
- Goat meat with rice and vegetables

Open Arms Kitchen

Current East African Menu – 4/30/2025

Open Arms has developed East African meals (note: these are not halal unless they are vegetarian). An option to order a 5-pack of these meals is available on the ordering site at Metro Meals on Wheels. Right now there are 5 different meals available. There will be more variety added in the future.

Here is a list of the current meals:

- Spiced Lasagna
- Lentil Stew
- Kidney Beans in Coconut Sauce
- Yogurt Chicken
- Spiced Meat Sauce