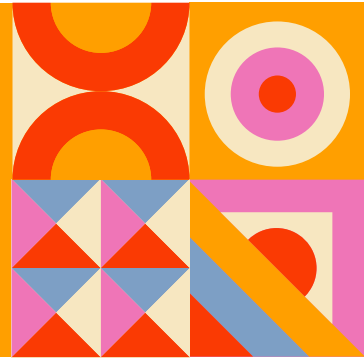


Meals on Wheels of Ramsey County Recipient Survey Results

April 2023



Meals on Wheels of Ramsey County surveys meal recipients each year to make sure the needs of clients are being met, and to make any needed updates to the program.



Participants

Responses & Analysis

Surveys were sent out to all current Meals on Wheels recipients in Ramsey County. Meals on Wheels recipients are served by one of the eight Consortium members who provide Meals on Wheels throughout Ramsey County.

37% of recipients responded to the Meals on Wheels survey. The survey responses were professionally analyzed by an Independent Research/Evaluation Consultant and a report of data was provided.

Meals on Wheels clients were overwhelmingly positive about their Meals on Wheels program in terms of perceived quality, value, and willingness to recommend.

- **98%** said they **like the meals** they get from Meals on Wheels.
- **93%** said the meals are a **good value**.
- **89%** said they would rate the quality of the meals as **good or excellent**.
- **95%** would **recommend Meals on Wheels** to a friend.

And the majority said the Meals on Wheels program helps them to continue living in their home and to improve or maintain their health.

- **81%** said the program helps them to continue to **live at home**.
- **76%** said the program helps **improve or maintain their health**

Meals on Wheels recipients had the opportunity to write in comments about their meals and service...

"I am grateful to receive these meals and I look forward to eating well balanced and healthy meals. It helps me stretch my SSDI, what is left after I make my mortgage payment and utilities. These meals help me with portion control."

-65 year old, Maplewood

"My high cholesterol decreased to normal. I was able to stop high blood pressure meds per my doctor."

-64 year old, St. Paul

"Meals on Wheels is a blessing for me. I live alone, don't drive, can't walk without a walker, and have medical issues."

-83 year old, Mounds View

"I love talking to the staff. They are very helpful and patient with me in making a decision about choices. They are friendly, cheerful, and accommodating!"

-69 year old, St. Paul



www.mealsonwheels-rc.org

Meals on Wheels Enrollment: 651-318-9091