



meals-on-wheels.com

# HMONG MEALS MENU

## ASIAN FLAME

<b>Chicken</b>	<b>Chicken</b>	<b>Fish/Seafood</b>
Rice, Chicken boil with Herbs	Rice, Chicken boil with Chayote	Rice, Shrimp Stir Fry, Vegetables
Rice, Chicken Tom Yum Soup	Rice, Chicken Boil with Napa	Rice, Steamed Fish, Vegetables
Rice, Chicken boil with Bitter Melon	Rice, Chicken Boil with Tofu	<b>Beef</b>
Rice, Chicken Laab, Vegetables	<b>Pork</b>	Rice, Beef Boil, Vegetables
	Rice, Roast Pork, Vegetables	