



## RAMSEY COUNTY

“I am grateful for Meals on Wheels. I rely on the meals to sustain me daily. Thank you for your service to home-bound seniors.” -- Meals on Wheels Client from St. Paul, age 73

### Consortium Members

Amherst H. Wilder Foundation  
 Jewish Family Service of St. Paul  
 Keystone Community Services  
 Merrick Community Services  
 Mounds View School District 621  
 N St Paul/Mpwd/Oak School District 622  
 Roseville School District 623  
 White Bear Lake School District 624

### Senior Services Consortium of Ramsey County

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 651-266-4107  
 MOW Enrollment Line: 651-318-9091  
 Online: [meals-on-wheels.com/get-meals](http://meals-on-wheels.com/get-meals)



## Meals on Wheels Pandemic Response

- **Spring 2020:** Rapidly shifted operations to accommodate health and safety of clients, volunteers, and staff. Social distancing, enhanced sanitation, increased volunteer recruitment, face masks, no-contact deliveries, shift to weekly deliveries, isolated senior well-being calls, and more were incorporated in response to Covid-19.
- **Summer 2020:** Requests for meals for those in need significantly increases. Received increased funding for meals, including additional CARES funding through Ramsey County allowing for free meals to those eligible through December 2020. Meals funded by CARES accounted for 20% of total meals served by the Consortium in 2020.
- **Winter 2021:** Emergency funding from Ramsey County for Meals on Wheels is extended through April 2021. Focus on sharing County social services and other local resources to MOW clients.
- **Spring/Summer 2021:** Secured additional temporary funding through Metro Meals on Wheels through December 2021 to continue emergency meal program after Ramsey County extension ends as the Delta variant surges.
- **Fall 2021:** Looking for partnerships and funding to continue enhanced level of service in 2022.



# Meals on Wheels of Ramsey County served over 175,000 meals in 2020 - a 30% increase over the previous year.



Volunteers are the backbone of Meals on Wheels and sites never stopped delivering nutritious meals to our neighbors in need. The Consortium utilized over 1600 Ramsey County residents to deliver meals to those unable to leave their homes during the global pandemic.

Expanded menu options include gluten-free, dairy-free, vegetarian, Asian-Inspired, Latino-Inspired, Kosher, and Halal meals. All meals are heart-healthy and diabetic-friendly. In 2020, 96% of meal recipient survey respondents in Ramsey County recommended Meals on Wheels to a friend.

By expanding menu options and focusing outreach to underserved communities throughout Ramsey County, Meals on Wheels increased service to people of color by 7% in 2020. While focused on older adults, Meals on Wheels served Ramsey County residents from age 18 to 101.

## Thank you to all who make Meals on Wheels in Ramsey County so successful!

**"The meals are hot, delicious, and well balanced. I am thankful for the people who prepare and deliver them. Even during these challenging days of Covid."**

MOWRC client,  
age 86

**"I am so thankful to know that my Mom will get a great lunch every weekday. It has allowed me to keep her at home."**

MOWRC Client Family  
Member

**"One of the most rewarding things I have ever done is to work with Meals on Wheels during the pandemic. Thanks to our Consortium collaborating with our partners, Ramsey County, and other funders we kept people well-fed at home where they were safest."**

MOW Staff Member