## KOSHER MENU ON WHEELS Nov 2025-May 2026

CHICKEN/TURKEY	BEEF	VEGETARIAN	FISH	ASIAN
#1 TURKEY A LA King Mashed Potatoes Green Beans	#5 BEEF GOULASH Green Beans	#9 BLINTZ SOUFFLE Spiced Apples Tuscany Blend Vegetables	#13 LEMON PEPPER FISH Rice Pilaf Baby Carrots	#17 CHICKEN CHOW MEIN Steamed Rice Veggie Egg Roll
#2 TURKEY MEATLOAF Mashed Potatoes w/gravy Peas/Carrots	#6 BEEF TIPS & GRAVY Parsley Egg Noodles Brussel Sprouts	#10 BREAKFAST FRENCH TOAST Scrambled Eggs Diced Potatoes	#14 PECAN CRUSTED FISH Rice Pilaf Green Beans	#18 BEEF BROCCOLI STIR-FRY Steamed Rice Veggie Egg Roll
#3 APRICOT GLAZED CHICKEN QUARTER Roasted Red Potatoes Broccoli	#7 SWEET & SOUR MEATBALLS Steamed Rice Baby Carrots	#11 CHEESE RAVOLI W/MARINARA SAUCE Mixed Vegetable	#15 Batter Fish Roasted Potatoes Pea/Carrot Mix	#19 VEGETARIAN STIR-FRY Steamed Rice Veggie Egg Roll
#4 CHICKEN CACCIATORE Steamed Rice Snap Peas	#8 BBQ BEEF BRISKET Roasted Red Poatoes Mixed Vegetables	#12 VEGETARIAN CHILI Steamed Corn Corn Bread	#16 Herb Crusted Fish Noodle Kugel Mixed Vegetable	#20 SESAME CHICKEN Fried Rice Veggie Egg Roll

<sup>\*</sup>Please note that meals are served as described above - NO SUBSTITUTIONS\*

BEVERAGE	SIDE ITEMS	
SELECTION		
#1	#1	
Orange juice	Bread and butter	
#2	#2	
Apple juice	Fruit Cup	
#3	#3	
Cranberry juice	Applesauce	
#4	#4	
2% milk	Cookie	
#5	#5	
Skimmed milk	Pudding Cup	
#6		
V8 Vegetable juice		
(*max 3 V8 per		
week)		

<sup>&</sup>quot;Funded by the Trellis Award under the Older Americans Act."